



Wade Deacon High School

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Mr B Hesketh BA (Hons), PGCE, NPQH Executive Principal

Mr M Deeney BSc Head of School

Dear Parents/Carers.

As you will be aware, the safeguarding and safety of all of our students is very important to us and as the first term of this academic year draws to a close, we feel it is important to share some advice and guidance to support families during the festive/ school holiday period.

For some of our students, being away from school can be a time of anxiety and worry. We also appreciate that parents and careers might continue to be concerned about how they can support their child during this period especially. Therefore, we have provided you with some useful links to helplines and online support that you may find useful during the festive holidays. As a school, we understand the difficulties that young people face and would encourage you to access the support of external agencies if you are concerned for your child's well-being or their safety.

Whilst Christmas is meant to be a happy and joyful time, it can also be a stressful time for many people. To support all of our families, we have attached a leaflet provided by Halton CAMHS, there is also information about the local foodbank listed below.

In many cases, you may wish to contact the school for support during the holidays however, we must make you aware that we cannot guarantee that immediate safeguarding concerns will be responded to straight away. If you have any immediate concerns for the safety of your child or another child, please contact:

- Children's Social Care for Halton: 0151 907 8305, Mon Thurs 9am-5pm, Fri 9am 4.30pm.
- Outside of these times contact the Emergency Duty Team on 0345 050 0148.
- If a child is in immediate danger call the police on 999 or for non-emergencies 101.

On Friday 2nd January from 10am-12pm, Mrs Morley (Family Engagement Mentor) will be in school and has organised a "New Year" coffee morning for families, with a focus on new beginnings, healthy routines and lifestyles. There are local agencies coming along, including Halton Mental Health Support Team, who will offer advice across the morning. All attendees will enter a prize draw to win a month family gym membership.

As always, thank you for your ongoing support. Have a wonderful Christmas and best wishes for the New Year. We look forward to seeing all of our students on Monday 5th January 2026.

Yours faithfully

N. Harrison

Mrs Nicky Harrison Designated Safeguarding Lead

Local/National Helplines & Online Support

Halton Mental Health Info Point:

www.halton.gov.uk/Pages/health/hit/live/mentalhealth/mental-health-signpost

Wellbeing Enterprises: <u>www.wellbeingenterprises.org.uk</u> (Activities and support across Halton for

positive wellbeing)

Childline: 0800 1111 online or phone anytime www.childline.org.uk

Samaritans: 116 123 www.samaritans.org

Halton CAMHS on 01928 568162

CAMHS Assessment and Response Team 01744 415640 Monday – Friday 5pm – 9pm

Papyrus: 0800 068 4141 or Text 07786 209697 www.papyrus-uk.org (for anyone who has suicidal

thoughts or is worried about someone else in relation to suicidal thoughts)

Kooth.com: Online support

Child Bereavement UK: Pre/post bereavement counselling

YoungMinds: www.youngminds.org.uk to support young people's mental health

Parents Helpline: 0808 802 5544 from YoungMinds Mon-Fri 9:30 to 4pm

Widnes Foodbank: 0151 422 0031 <u>www.widnesfoodbank.org</u> Halton Citizens Advice Bureau – www.haltoncab.org.uk

Rehab 4 Addiction – www.rehab4addiction.co.uk/country-wide/drug-alcohol-rehab-widnes